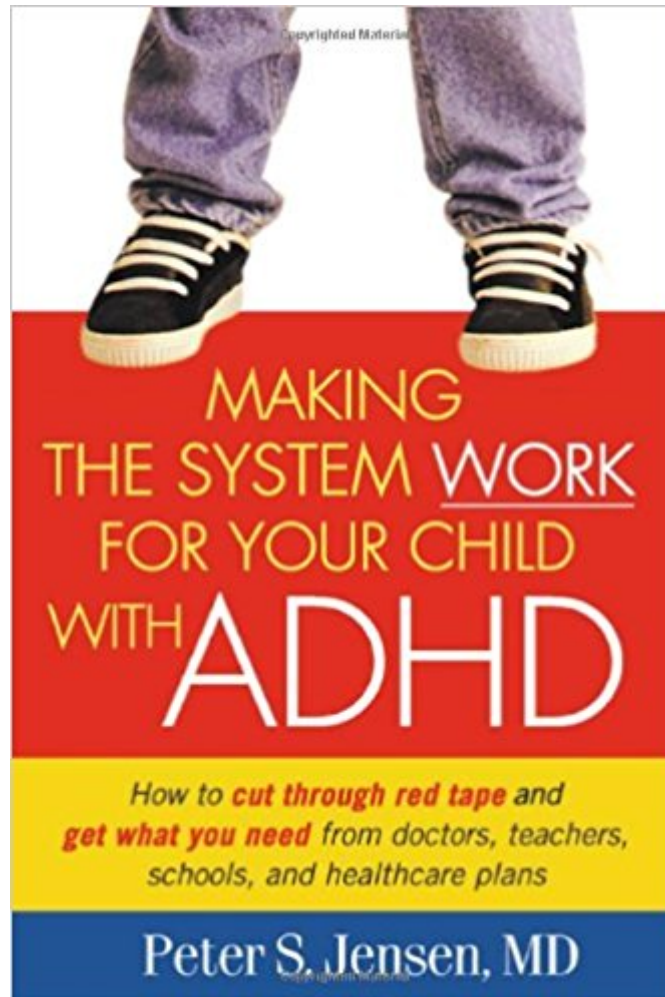


The book was found

Making The System Work For Your Child With ADHD



Synopsis

There's lots of help out there for kids with ADHD, but getting it isn't always easy. Where can you turn when you've mastered the basics and "doing everything right" isn't enough--the insurer denies your claims, parent-teacher meetings get tense, or those motivating star charts no longer encourage good behavior? Dr. Peter Jensen has spent years generating ways to make the healthcare and education systems work--as the father of a son with ADHD and as a scientific expert and dedicated parent advocate. No one knows more about managing the complexities of the disorder and the daily hurdles it raises. Now Dr. Jensen pools his own experiences with those of over 80 other parents to help you troubleshoot the system without reinventing the wheel. From breaking through bureaucratic bottlenecks at school to advocating for your child's healthcare needs, this straightforward, compassionate guide is exactly the resource you've been looking for.

Book Information

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Customer Reviews

You can always tell the books written by people who have personal experience with AD/HD. You can also spot books written by authors with clear professional experience. This book is both. Dr. Jensen is both a well-known researcher and the parent of a boy with AD/HD. He includes detailed practical information on a variety of topics relevant to rearing a child with AD/HD. He illustrates this with examples from his own family life as well as with the voices of many other

parents. He clearly shows respect for the members of families who are dealing with AD/HD. I liked his suggestions on how to interact with health professionals in a managed care environment. He holds physicians to a high standard of care, and tells parents how to be effective and assertive when they feel that they are not getting what they need. I liked his suggestions on how to politely get your doctor to answer further questions when he is ready to end the session. I was glad that he talked about communication between members of the child's treatment team. This is often where treatment founders. He gives specifics on how a parent can encourage and monitor the communication flow between school, physician, and other therapists. Dr. Jensen explains the role of medication and how parents can help professionals monitor progress and possible side effects. He also suggests situations when a parent might want to consider whether the medication is not being monitored closely enough. He suggests ways that parents can help the physician monitor medications. He explains the importance of a parent keeping records of medications and other treatments. The section on home and family life is compassionate and pragmatic. He gives suggestions for behavioral plans but also puts them in a realistic perspective.

Reviewed by Sandra F. Rief, author of *How to Reach & Teach Children with ADD/ADHD*, 2nd edition (2005) and *The ADHD Book of Lists* (2003): This is an outstanding book - one that I highly recommend not only to parents of children with ADHD, but anyone (educator or clinician) advising parents of how to obtain the best help for their children. The author addresses what to expect from and how to get the best from their healthcare system, child's education, home and family life, etc. Written with compassion, humor, solid understanding, and powerful expert advice by one of the world's leading and most respected researchers, practitioners, and authorities in the field. What makes this book exceptionally valuable and insightful is that Dr. Peter Jensen also shares what he has learned as a parent of a child with ADHD, as well - not only his own personal anecdotes and perspective as a parent, but the honest and open advice of other "expert parents" who were interviewed for this wonderful book. Dr. Jensen has written an invaluable resource - one that gives parents information that no other book I have seen has been able to provide... the inside scoop on how parents can get what they need from their physician, the school, their insurance providers, etc. In short, it is a guide for helping parents best advocate and become an effective case manager for their child with ADHD. I found *Making the System Work for Your Child with ADHD* to provide exactly what the title indicates. It is packed with information that will strengthen, encourage, and empower parents. At the same time, Dr. Jensen's humorous, engaging style made it a pleasure to sit down and read this book.

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